

Dictation Contest (PRJr, 初級) No. 1058

Hey, guys! How are you doing?

Well, the weather is getting a little warmer these days, so it feels like spring is already making way for summer. Are you excited for the summer weather? Are you looking forward to summer vacation?

As usual, I didn't have any days off during Golden Week, but I'm hoping to take a trip later this season.

Where do you think I should go? Do you recommend any parts of Japan that I should visit? Let me know, okay? See you!

Dictation Contest (PR 1 , 中級) No. 1058

Hi, everyone! Welcome back to PR1.

Today we will be talking about Golden Retrievers.

The Golden Retriever is a popular dog known for its friendly nature and beautiful golden fur. Originally bred for hunting, they have become beloved family pets due to their intelligence and loyalty. These dogs are not only smart but also versatile. They can work as therapy dogs, guide dogs, or even help in search and rescue missions. Their eagerness to please makes them easy to train and adaptable to different situations. But what sets them apart is their loving personality. They are always eager to spend time with their owners, playing or cuddling. With their endless energy, they are great companions for families or individuals. Overall, Golden Retrievers are loving members of the family, bringing joy and companionship wherever they go.

That's it for today. See you next time!

Dictation Contest (PR2 上級) No. 1058

Hello, everyone! Welcome back to PR2.

Today, we're going to talk about the positive impact of a free meal program in schools on childhood obesity rates in the United States.

In a recent study by researchers Anna Localio and Jessica Jones-Smith, the focus was on examining the effects of the Community Eligibility Provision – called CEP – on childhood obesity rates. This program, designed to provide free breakfast and lunch to all students in high-poverty areas, garnered attention for its potential to improve student health. Analyzing data from over 3,500 California schools, they uncovered a significant 2.4 percent reduction in obesity levels among students in CEP-participating schools compared to those that did not participate. This decline was directly attributed to the healthier school meals offered by the CEP, effectively replacing a substantial portion of children's weekly diets with more nutritious options.

These findings underscored the promising role of universal free meal policies in addressing childhood obesity and enhancing student well-being. However, it's essential to note that Localio and Jones-Smith emphasized the importance of complementing such programs with additional strategies to effectively combat this pressing public health issue. As efforts persist to expand access to nutritious meal[s] in schools, there's genuine hope for a sustained improvement in the health outcomes of children across the country. And with continued research and implementation of evidence-based interventions, the trajectory towards healthier communities is indeed within reach.

That's all for today, see you next time!