

Dictation Contest (PRJr, 初級) No. 1089

Hey, guys! How are you doing?

The rainy season in Japan is supposed to be in June. But do you think the rainy season has started yet?

Many people are saying that, like the cherry blossom season, the rainy season is a little late this year. We have had some rainy days recently, but also some sunny days! So, it feels a little different to other years.

I think more rainy days are coming soon, though – I just hope they don't last too long...

See you!

Dictation Contest (PR 1, 中級) No. 1089

Hello, everyone! Welcome back to PR1!

Today I will talk about how junk food affects your health. Let's begin!

Junk food is a term used to describe highly processed and refined food. It is usually thought that they are less nutritious than natural foods. Junk food has been thought to be connected with obesity and causing serious health issues in children. It also leads to the development of diseases such as diabetes. Junk food is not good for anyone. It is filled with sugar and other unhealthy ingredients that can cause diabetes, heart disease, and cancer. Junk foods also have a lot of sodium in it, which is dangerous for people suffering from high blood pressure.

That's all for today! See you!

Dictation Contest (PR2 上級) No. 1089

Hi guys! Welcome back to PR2.

Take a listen to the story about the preservation of ancient Egyptians' bodies. Let's get started!

The ancient Egyptians believed in life after death. To them, death was simply the next stage in a person's life cycle. They believed that after death they traveled to the afterlife, where they were reborn and lived forever – but this could only take place if their bodies were preserved. It was for this reason that the Egyptians made mummies, or dried-up dead bodies preserved from decay.

Ancient Egypt's first mummies were made around 6,000 years ago, but they were not made by people. Instead they were accidents of nature created by the hot and dry conditions of Egypt's environment. When a body was buried, the hot dry sand absorbed its moisture, and rather than rotting away, its soft tissue slowly dried out, creating a natural mummy.

Perhaps it was the unexpected discovery of sand-dried bodies – natural mummies – that first gave the Egyptians the idea of experimenting with ways of preserving human tissue. The first attempts at making mummies on purpose seem to have been made around 3400 B.C. As the craft of mummy making was perfected and spread throughout Egypt, it became the accepted method of preparing a person for everlasting life, or immortality. To become an immortal was the next stage in a person's existence. Everyone wanted to be reborn and live forever in the afterlife, but for this to happen the Egyptians believed that their bodies had to be saved and should not be allowed to rot away.

That's all for today. See you next time!