

Dictation Contest (PRJr, 初級) No. 315

Hi, guys! How are you?

Today, we will continue the story of Marley and the baseball game. Remember, he was running all over the field. Let's see what happens next...

Marley ran to home base and grabbed it in his teeth.

"He's stealing home!" yelled the catcher.

The umpire was mad.

"Uh-oh," said Emma. "Strike three, Marley!"

Okay, let's stop here. See you next time!

Dictation Contest (PR1, 中級) No. 315

Hey, everyone!

Here's an interesting story that happened last week. Have a listen:

The French president, Emmanuel Macron, visited a high school in a small town in Southeast France. After the visit, he was greeting people who were waiting for him outside. Macron was standing behind barriers when suddenly a man slapped him. Macron turned his face away when the man hit him so it seemed that the man missed. A bodyguard who was standing behind the president protected Macron with his hand. Unfortunately, he was too slow and he did not manage to stop the man. Police arrested the man as well as another man who filmed a video of the incident.

Did you guys manage to see that video?

'Til next time! See you!

Dictation Contest (PR2 上級) No. 315

Hello, everyone! Welcome back to PR2.

Today, I have the second part of the text about socializing and memory. Let's begin:

The results were fascinating. The incidence of memory decay turned out to be much less in those who were sociable, who got around, kept up with their friends, and generally played a role in society. On the other hand, those who led isolated, monotonous lives, with a scarcity of social interaction, experienced a much quicker decline. The results were also tested against other variables, such as health, gender, race, and educational background. This showed that those with the least schooling actually gained the most by having a high level of social inclusion. This suggested the hypothesis that being socially active provides important stimulation to the brain. People with a higher level of education already use their brains actively and so they probably do not need so much social stimulation.

Older people who stick with an active social life, remain dedicated to helping others, and are immersed in society tend to stay in shape mentally. Looking after old people, while it may diminish their solitude, can also reinforce a passive attitude of sitting back. It is actually better to have older people, as far as possible, continue to deal with life's difficulties themselves.

Well, that's all for today, and I'll see you in class. Bye-bye!