

Dictation Contest (PR Jr, 初級) No. 727

Hello, everyone! Welcome back to PR Junior.

Today, you are going to learn interesting facts about chocolate. So. Let's begin.

Do you like chocolate?

It's in candy, cakes, and bread, and we have chocolate drinks, too. It's sweet and delicious.

We can thank the Mexicans. They discovered cacao seeds. They made a chocolate drink from the seeds, but it was very bitter.

Later, Spanish people came to Mexico,

That's all for today. If you want to learn more about chocolate, please join me again.

See you next time!

Dictation Contest (PR 1, 中級) No. 727

Hello, everyone! Welcome back to PR 1.

Today, we will listen to a short daily conversation. Let's begin!

Kay: Hi, are you ready to order?

Jun: Yes, I'd like spaghetti, French fries, and coffee, please.

Kay: Oh, I'm really sorry, but we're out of French fries at the moment. Would you like chicken nuggets instead?

Jun: Sure. Could I have some barbeque sauce to go with it?

Kay: Of course. Would you like to add soup or salad for one dollar more?

Jun: Hmm. No, thank you.

Kay: How about dessert?

Jun: Could I have a piece of pumpkin pie with cream on the side?

Kay: Certainly. Is that all?

Jun: Yes, thank you.

Kay: OK. I'll be back with your coffee in a minute.

Well, that's it for today. See you next time, bye-bye!

Dictation Contest (PR2 上級) No. 727

Hello! Welcome back to PR2!

Today's text is about sleep. Do you want to learn more about sleep? So, let's get started.

Humans have long conceived conflicting sentiments about sleep. We want it, enjoy it and despair when we can't get enough of it. Yet we also have a fear of getting too much.

Why do we need sleep, and how much of it should we get? Scientists are beginning to answer the questions, and believe that humans sleep for different reasons than other animals. In experiments, mice have been shown to suffer physically from lack of sleep. After a few days, they begin to lose weight, although they eat a lot. After 14 days, they die. Humans, on the other hand, usually show few physical problems from lack of sleep. A bad night's sleep will cause little reduction in strength, coordination or stamina. Yet cognitive function suffers sharply. Our vocabulary drops measurably, we are unable to concentrate for long periods, and our speech may become unclear.

Why the difference between humans and other animals? Scientists reason that humans have learned to rest their bodies even in a waking state. The difference in metabolic rate between a person lying down and one who is asleep may be as little as 5%. Yet our brains, it seems, very much need the rest that sleep provides.

Alright, let's stop here and continue in the next movie. Bye-bye!