

Dictation Contest (PRJr, 初級) No. 732

Hi, everyone! Welcome back to PR Junior!

Today you are going to listen to a letter about today's dinner.

Hi, guys.

We have some potato soup and bread, but we don't have any cheese. We have some rice, but we don't have any chicken. We also have some fish but we don't have any pasta. We have some broccoli, but we don't have any spinach. We have some cake, but we don't have any chocolate. What can we have for dinner?

See you tonight.

That is all for today, bye-bye!

Dictation Contest (PR 1, 中級) No. 732

Hello, everyone! Welcome back to PR1.

Today, we will have a short conversation about school life. Let's begin!

Yerin: This translation assignment is really giving me a hard time. The text is so difficult to understand.

Kay: I felt the same when I started, but in the end I actually enjoyed doing it.

Yerin: Oh, really?

Kay: Yeah, it took a lot of time, but I think it helped me comprehend the original Japanese text better. It made me think more carefully about what the words actually mean.

Yerin: Hmm, interesting. Maybe I should try looking at it that way.

Kay: You should, good luck! If you have any questions, please let me know.

Yerin: Yes, I will. Thanks a lot!

Well, that's all for today. See you next time, bye-bye!

Dictation Contest (PR2 上級) No. 732

Hello! Welcome back to PR2!

Today's movie is the second part of the text about sleep. Let's begin!

The recommended amount of sleep has been disputed in recent years. Humans have strange sleep patterns, usually getting six to eight hours of sleep a night during the working week, and up to 10 hours on weekends. Why is it that most of us want more sleep if we can get it? American researchers now argue that humans need a minimum of nine hours' sleep each night. The scientists theorize that we are deprived of sleep most of the time. As proof, they cite the drowsiness most of us feel at some point during the day. European researchers challenge this notion, asserting that there is such a thing as sleep gluttony. The fact that we like sleep does mean we need it. Studies support the European view. If people are given the opportunity to sleep longer, for instance, they may not feel tired until a later hour the next day.

Experts say the drowsiness many of us feel during the day may not be because we had too little sleep at night, but because we need an early afternoon nap. Humans were made to sleep not once, but twice, and a 10-minute nap after lunch will make most of us feel better.

What do you think about this debate? Do you take naps? Let me know in class.

That's all for today. Bye-bye!