

Dictation Contest (PRJr, 初級) No. 745

Hello, everyone! Welcome back to PR Junior!
Today you are going to listen to a story about Lara's parents.

Hi. I am making a profile about my mom and dad.
My mom's name is Lisa. She is a teacher. She teaches history and math. She works on Tuesday, Wednesday and Thursday. My dad's name is Ted. He is a police officer. He works on Monday, Wednesday, and Friday and on weekends. He makes our community safe. What does your mom do? What does you dad do?
Write soon,
Lara

That is all for today. Bye-bye!

Dictation Contest (PR 1, 中級) No. 745

Hello, everyone! Welcome back to PR1.
Today I will read an article about daylilies. Let's begin.

Daylilies are a beautiful perennial flower that can brighten up any yard or landscape. They are tolerant of drought and flooding, immune to heat stress, and grow well in full sun or light shade. They are the perfect choice for just about any soil or climate condition.
Different varieties of daylilies can be in bloom from late spring until autumn. Individual flowers last only one day, but each plant produces many buds, and many varieties have more than one flowering period. Daylilies grow best in soil that is slightly acidic, and they prefer either direct sunshine or light shade.

That's all for today. See you next time!

Dictation Contest (PR2 上級) No. 745

Hi there! Welcome back to PR2.

Today we will talk about (the) writer's block. Let's begin!

You have to finish that report for the boss, write an essay or article, or you work in the information economy – the deadline for the current project is looming but you find yourself mindlessly staring at a blank page on the screen and the words just won't come. Writer's block is not an uncommon experience. The root cause is anxiety. There are many reasons for the writer to feel anxious. Perfectionism is one of them – the writer is too judgmental, viewing her work as inferior in some way. The project itself may be fundamentally misconceived or the writer lacks the experience or ability to complete it. Perhaps the pressure of a tight deadline is paralyzing. There are other anxiety-provoking life stresses and deep-seated issues: serious illness, depression, a relationship break-up, not to mention financial difficulties. Sometimes distractions are too great or the writer simply runs out of inspiration.

There are various ways of overcoming the block. Exercise gets blood moving through the body and brain: a visit to the gym, a walk around the block, a few yoga poses and some deep breathing all help to clear the head, induce relaxation, and get the creative juices flowing.

Well, that's it for today and we'll continue in the next movie. Bye!