

Dictation Contest (PRJr, 初級) No. 818

Hi, everyone, and welcome to PR Junior.

Let's continue the rest of the story of *The Golden Egg*. Let's begin!

The foolish farmer's wife also agreed and decided to cut the goose's stomach for the eggs. As soon as they killed the bird and opened the goose's stomach, they found nothing. The farmer realized his mistake and [regretted] killing the goose. Now, he does not have any goose to give him golden egg[s] anymore.

That was the end of the story. See you in class!

Dictation Contest (PR 1, 中級) No. 818

Hi, everyone! This is PR1. Are you ready?

According to experts, there are several things you can do to increase your chance of survival in an emergency, such as a fire, or natural disaster such as an earthquake.

Preparation can be the key to survival. Be sure you have food, water, candles, and other supplies in your home. Having a backpack prepared for each family member is a good idea in case you have to evacuate quickly. Before going camping, hiking, or mountain climbing, make sure you have proper equipment. Tents, sleeping bags, and a first-aid kit can save your life in case of bad weather, injury, or illness. Staying calm and taking the time to think can help you cope with any emergency situation. Swimmers, for example, sometimes get caught in strong currents. If they panic, they may become exhausted and unable to swim. If they relax and swim slowly with the current, they will have the energy to swim back to shore once they are out of the current.

That's all for today. Bye-bye!

Dictation Contest (PR2 上級) No. 818

Greetings, everyone! This is PR2. Today I'd like to read a story of how a smartwatch saved a woman's life.

Deanna Recktenwald received an unusual notification from her smartwatch in April 2018. "Seek medical attention," the display read after the 18-year-old's resting heart rate skyrocketed to 190 beats per minute. A normal resting heart rate for adults 18 and older is between 60 and 100 beats per minute, according to the Mayo Clinic. The Tampa Bay area teenager, who said she didn't feel any alarming symptoms, was immediately taken to an urgent care facility by her mother Stacey. Doctors told the family that Deanna was in kidney failure.

"Without this watch, I fear she would've been one of the kids on the news – the healthy kid that goes off to college and dies in their sleep," Stacey told USA Today.

There is a growing list of testimonies that demonstrate how smartwatches serve as SOS signals during sudden medical emergencies.

"We are focused on developing hardware, software, and services that can give users an even more complete picture of their health," the makers of the popular workout gadget said in a statement. Some smartwatches can even call 911 right from the wrist, detect falls, and sense irregular heart rhythms.

Wow, what a convenient world we live in! I'm impressed at how technology has evolved within the latest decade.

That's all for today, stay awesome and see you again!