

Dictation Contest (PRJr, 初級) No. 837

Hey, guys! How are you doing?

Do any of you do any kind of exercise in your free time?

I don't do much exercise because I don't play any sports and I don't go to the gym, but these days I am trying to get healthy so I am trying to exercise more often. I sometimes do stretches at home, and I sometimes do push-ups while listening to music. I also sometimes go running around my house.

What about you guys? Let me know, okay? See you!

Dictation Contest (PR 1 , 中級) No. 837

Hello, everyone! Welcome back to PR1!

This is the second part of the text about the two farmers. Let's begin!

"If you don't, I will increase the money you have to pay. I might put you in a jail cell," continued the town lord.

So Andy and Mary worked until there was blood on their hands. They finished four lines of corn and went to bed.

But the next morning, eight lines were finished!

"Mary, didn't we stop in this spot here?" Andy asked.

"Yes, that is correct. And the tools were in a different position, too," Marry said.

They were surprised and happy. That day, they worked hard and finished five lines. But in the morning, ten lines were done!

That was all for today. Bye-bye!

Dictation Contest (PR2 上級) No. 837

Hello, everyone! Welcome back to PR2.

Snakebites are a serious problem in Southeast Asia. The poison strikes the nervous system, and if the dosage is large enough that the victim's brain cannot adequately send clear signals to various parts of the body, death occurs. Nearly all of these deaths are preventable with antidotes. Unfortunately, most of the casualties are poor farmers, who are bitten while working in the fields and forests. They lack the [technology] to prepare antivenin, although the procedure is not so complicated.

First, the snake is caught, and milked of its venom by placing its fangs over a container. Then the venom is injected into a horse in increasingly [large] amounts so that the horse can gradually build up resistance to the poison. When the horse has acquired a high level of tolerance, its blood is extracted by a needle. The antivenin-rich plasma is separated, and then stored in refrigerated facilities. If a snakebite occurs, immediate treatment is essential, even before any symptoms appear, which is usually in about ten minutes. Using an elastic wrap to apply pressure over and around the bite will help to prevent the venom from spreading. Then, splinting the affected limb for immobilization will allow the victim to be transported to a hospital for treatment, and arrive in the best possible condition. Within about thirty minutes of injecting antivenin to the snakebite victim, the swelling subsides*, and the dark coloration of the skin begins to return to normal. Complete recovery is usually within a few hours.

That's all for today. See you next time!

* Pronounced "sub-side" as in *inside*