

Dictation Contest (PRJr, 初級) No. 939

Hi, everyone!

Today, I am going to talk about old times.

Life was very different [a] hundred years ago. People did not have things we have today. First of all, they did not have smartphones and they talked to each other a lot. They also used to write letters. Nowadays, people do not talk to each other much because they spend a lot of time watching videos on smartphone[s] and using social media. People also used to wear different clothes. Everything was longer and they did not dye their hair.

That's it! See you!

Dictation Contest (PR 1, 中級) No. 939

Hi everyone. This is PR 1. Are you ready? Let's start!

Mr. and Mrs. Banks have been having a lot of problems in their apartment recently. For several weeks their bedroom ceiling has been leaking, their refrigerator hasn't been working, and the paint in their hallway has been peeling. In addition, they have been taking cold showers since last week because their water heater hasn't been working. And they haven't been sleeping at night because the heating system has been making strange noises.

Mr. and Mrs. Banks are furious. They have been calling the manager of their apartment building every day and complaining about their problems. He has been promising to help them, but they have been waiting for more than a week, and he still hasn't fixed anything at all.

That's all for today. Bye-bye!

Dictation Contest (PR2 上級) No. 939

Hi, guys! Welcome back to PR2.

Let's continue where we left off from the article about how [the] human body changes during space travel. Let's begin.

Within the orbiting spacecraft, astronauts can move around as they wish just by softly pushing against its walls, but in a microgravity environment, muscles rapidly wither. In space, muscles in the legs, back, and spine, weaken and waste away because they no longer are used to overcome gravity. Moreover, degeneration of certain muscles, particularly those of the heart, was seen to be especially dangerous because of its effect on the functioning of the entire cardiovascular system.

Even blood itself was affected, with a measurable decrease in the number of oxygen-carrying cells. In space, astronauts may lose up to 22% of their blood volume. Because it has less blood to pump, the heart weakens. The body loses ability to send enough oxygen to the brain, causing astronauts to faint or become dizzy.

Under the effects of the Earth's gravity, blood and other body fluids are pulled towards the lower part of the body. When gravity is reduced during space exploration, the distribution of body fluid alters, and the blood tends to collect in the upper body instead. Despite the shift in the distribution of fluid, the cardiovascular system adapts to the microgravity environment if the astronaut continues to stay in space. Upon return to Earth, however, the blood shifts rapidly back to the lower body again, resulting in a fall in blood pressure.

That's the end of the passage. Bye!