- Edible Packaging -

Edible packaging is a new way/ to reduce plastic waste/ and help the environment.// Unlike **traditional** plastic packaging,/ which can take centuries to **break down**,/ edible packaging is made from natural materials/ that can **decompose** quickly.// Common ingredients include / seaweed, rice, and even fruit peels.// This type of packaging/ not only helps to reduce the amount of trash/ that **ends up** in **landfills** and oceans/ but also offers a **unique** and sometimes tasty experience for consumers.//

Several companies are already creating edible packaging/ for various products.// For example,/ some edible wrappers are used for candies and snacks,/ while others are designed for practical uses,/ such as water bottles made from seaweed.// Additionally,/ edible packaging can be healthy,/ adding vitamins and minerals to the **diet**.// As more people become **aware of** environmental problems,/ edible packaging is becoming more popular / as a better **alternative**.// It represents an important step forward/ in the fight against plastic pollution/ and a **promising** development for a **greener** future.//

食用可能な包装は新しい方法である/ プラスチック廃棄物を減らし/ 環境に貢献する// **従来のプラスチック包装とは異なり** / **分解するために何百年もかかる**/ 食用可能な包装は天然素材から作られており / すぐさま**分解される**// 一般的な材料が含むのは / 海藻、米、さらには果物のむいた皮などだ// このような包装は/ ゴミの量を減らすのに役立つだけでなく/ （**埋立地や海に（最終的に）行き着く**) / 消費者に独特で、時には美味しい体験を提供する//

すでにいくつかの企業が食べられるパッケージを開発している / さまざまな製品向けに// 例えば、/ 食用包装紙がキャンディーやスナック菓子に使われこともあれば/ 一方で実用的な用途にデザインされたものもある/ 海藻で作られた水筒など// それに加えて / 食用包装は健康にもよく / **食事にビタミンやミネラルを加えることができる**// より多くの人々が環境問題を**意識する**ようになるにつれ / 可食包装は人気が高まっている / より良い**代替品として**// そのことは重要な前進を象徴するものだ / プラスチック汚染との闘いにおいて / そして有望な発展である / **より環境に優しい未来への**//

Vocabulary and Phrases

edible	食べられる/可食な	unique	唯一、独特な
traditional	伝統的な	diet	食事
break down	分解する	aware of	意識する、気がつく
decompose	分解する	alternative	代替（品）
end up	行き着く	promising	有望な、頼もしい
landfill	埋め立て地	greener	より環境に優しい

Total Number of words used

： _____164_____ words

Time for 100 wpm

： _____98_____ sec.

Time for 120 wpm

： _____82_____ sec.

Your BEST TIME

： _____ sec.

＊裏面の問題は音読を毎回 **40** 分以上反復してから挑戦しましょう＊

_____ packaging is a new way to _____ plastic waste and help the environment. Unlike _____ plastic packaging, which can take centuries to break _____, edible packaging is made _____ natural materials that can _____ quickly. Common _____ include seaweed, rice, and even fruit peels. This type of packaging not only helps to reduce the amount of trash that _____ _____ in landfills and oceans but also _____ a _____ and sometimes tasty experience for consumers.

Several companies are _____ creating edible packaging for _____ products. For example, some edible _____ are used for candies and snacks, while others are _____ for practical uses, such as water bottles made from seaweed. _____, edible packaging can be healthy, adding vitamins and minerals to the _____. As more people become _____ of environmental problems, edible packaging is becoming more popular _____ a better alternative. It _____ an important step forward in the fight _____ plastic pollution and a promising _____ for a _____ future.

Question 1: What is the difference between regular plastic packaging and edible packaging?

Question 2: What are the common ingredients in edible packaging?

Question 3: Give an example of edible packaging created by present companies.

Ask 1: Edible packaging についての質問を英語で書いてください。

Ask 2: Plastic packaging についての質問を英語で書いてください。

Ask 3: 本文について知りたいことを英語で書いてください。

Sample Answer 1: Plastic packaging takes hundreds of years to decompose, while edible packaging made from natural materials can break down rapidly.

Sample Answer 2: The common ingredients in edible packaging include seaweed, rice, and fruit peels.

Sample Answer 3: i) edible candy and snack wrappers
ii) seaweed water bottles

Sample Question 1: How does edible packaging taste?
Can pets like dogs and cats eat the edible packaging?

Sample Question 2: How does plastic packaging cause environmental problems?
Will plastic packaging still be used in the future?

Sample Question 3: Is edible packaging more expensive than the conventional plastic packaging?
Are there any other innovative packagings?