The Evolution of Basketball



Basketball is a popular sport/ that began in 1891.// Dr. James Naismith,/ a Canadian teacher,/ invented it / to keep his students active/ during the winter.// At first,/ basketball was played / with a soccer ball and two peach baskets.// The goal was to throw the ball into the basket,/ but there was no hole in the bottom,/ so players had to pause the game/ to get the ball out.//

Over time,/ the game evolved.// Metal hoops with nets replaced the baskets,/ and new rules were made / to improve the game.// In 1936,/ basketball became an official Olympic sport.// More countries started to play,/ and the sport grew worldwide.//

In 1946,/ the NBA,/ the National Basketball Association,/ was established in the United States.// The NBA gained popularity,/ and iconic players like Michael Jordan/ helped make basketball even more exciting.// Today,/ basketball is played / by millions of people around the world,/ from school courts to professional arenas.//

バスケットボールは人気のスポーツである/ 1891 年に始まった// ジェームズ・ネイスミス博士が/ カナダの教師だった / 考案した/ 生徒たちを活発に活動させるために / 冬の間// 最初は / バスケットボールは行われた / サッカーボールと 2 つの桃用のカゴを使って// ゴール (目的) はボールをバスケットに投げ入れることだった / しかし、底に穴がなかったので / 選手たちは試合を一時中断しなければならなかった / ボールを取り出すために//

時が経つにつれて / 試合は進化していった// ネット付きの金属製の輪がバスケットと入れ替わり / 新しいルールが作られた / ゲームを改善するために// 1936 年 / バスケットボールは正式なオリンピックの種目となった// より多くの国がプレーし始め / このスポーツは世界規模になった//

1946年 / NBA / 全米バスケットボール協会が / アメリカで設立された// NBA は人気を増して / マイケル・ジョーダンのような象徴的な選手が / バスケットボールをさらにエキサイティングなものにした// 今日では / バスケットボールはプレーされている / 世界中で何百万人もの人々に / 学校のコートからプロの競技場まで//

Vocabulary and Phrases

invent	考案する	worldwide	全世界
active	活発な	national	全国
peach	桃	association	協会
pause	一時停止する	establish	設立する
over time	経時的に	gain	得る
evolve	進化する	popularity	人気
hoop	バスケットリング	iconic	象徴的な
replace	置き換える	court	コート
official	正式	arena	競技場

Total Number of words used

: 154 words

Time for 100 wpm

: 92.4 sec.

Time for 120 wpm

: 77 sec.

Your BEST TIME

: _____ sec.



裏面の問題は音読を毎回 40 分以上反復してから挑戦しましょう

[Listen & Fill Blank]	[Q&A / A&Q]
Basketball is a sport that began in 1891. Dr.	Question 1: Why did Dr. James Naismith invent basketball?
James Naismith, a Canadian teacher, it to keep	
his students during the winter. At first, basketball	
was played with a soccer ball and two baskets. The	Question 2: What was the goal of the first basketball game?
goal was to the ball into the basket, but there was	
no hole in the, so players had to	
the game to get the ball out.	Question 3: When and where was the NBA established?
Over time, the game Metal hoops with	
nets the baskets, and new rules were made to	
the game. In 1936, basketball became an official	Ask 1: Dr. James Naismith についての質問を英語で書いてください。
Olympic sport. More countries started to play, and the sport	
worldwide.	
In 1946, the NBA, the National Basketball Association, was	Ask 2: NBA についての質問を英語で書いてください。
in the United States. The NBA gained	
popularity, and players like Michael Jordan	
helped make basketball more exciting. Today,	
basketball is played by of people around the	Ask 3 : 本文について知りたいことを英語で書いてください。
world, from school to professional	

Sample Answer 1: Dr. James Naismith invented basketball to keep his students active during the winter.

Sample Answer 2: The goal of the first basketball game was to throw the soccer ball into the peach basket.

Sample Answer 3: NBA was established in the United States in 1946.

Sample Question 1: How did Dr. James Naismith come up with the idea of basketball?

What sports did Dr. James Naismith teach at first?

Sample Question 2: How many teams were there when the NBA first established?

What other iconic players are there in the NBA?

Sample Question 3: How popular is basketball compared to other ball sports?

Do tall players usually play basketball better?