# - 15-Minute City -

The idea of the "15-Minute City" / is becoming popular around the world.// It's about making cities / where **residents** can **access** everything / they need, / like shops, schools, parks, / and even **public transport**, / all within a 15-minute walk. //

In a 15-minute city, / everything is **conveniently** located **nearby**. // People can walk or bike/ to work, school, or the park / without **spending** a lot of time in **traffic**. / This makes the air cleaner / and the streets **safer**. // There are also more places / for people to play, shop, and meet their **neighbors**. // By **minimizing** car use, / the 15-minute city helps the **environment** / because it cuts down on **pollution**/ and helps fight **climate change**. // It also brings people together / because they are more likely to spend time in their **local community**. // Cities like Paris and Melbourne / are already working on / 15-minute city **principles**, / and many others are thinking about it too. // Experts suggest / this approach can significantly improve / **quality of life** for everyone. //

「15分都市」のアイデアは、/ 世界中で人気が高まっている// これは、都市を作ることに関するものである / 住民がすべてにアクセスできる / 彼らが必要とする / 店舗、学校、公園のような / さらには公共交通機関 / すべて徒歩15分以内で//

15分都市では、/ すべての施設が便利に近くに配置されている// 人々は、歩いたり自転車で行ったりすることができる / 仕事や学校、公園に / 交通渋滞に多くの時間を費やすことなしに // これにより、空気がきれいになり / 街が安全になる// また、場所が増える / 人々が遊んだり、買い物をしたり、近所の人々と交流するための// 車の使用を最小限に抑えることで、/ 15分都市は環境への助けになる / なぜならば、汚染を減らし、/ 気候変動への対策にも役立つから// また、社会的なつながりも強化されます/ なぜならば、人々が地元のコミュニティで過ごす時間が増えるから// パリやメルボルンのような都市は / すでに取り組んでいる /15分都市の原則に / 他の多くの都市もそれについて考えている// 専門家は、示唆している / このアプローチが大いに向上させると / すべての人々の生活の質を //

## Vocabulary and Phrases

| | | | | |
|---|---|---|---|---|
| residents | 住民 | | minimizing | 最小化 |
| access | 使えること | | environment | 環境 |
| public transport | 公共交通 | | pollution | 汚染 |
| conveniently | 便利に | | climate change | 気候変動 |
| located | 位置する | | local | 地元の |
| nearby | 近くの | | community | 地域社会 |
| spending | 費やす | | principles | 原則 |
| traffic | 交通 | | quality of life | 生活の質 |
| safer | より安全な | | | |
| neighbors | 隣人 | | | |

Total Number of words used

:    162    words

Time for 100 wpm

:    98    sec.

Time for 120 wpm

:    81    sec.

Your BEST TIME

: _____ sec.



https://www.burohappold.com/wp-content/uploads/2023/06/15MC_00_BuroHappold.png

＊裏面の問題は音読を毎回 **40** 分以上反復してから挑戦しましょう＊
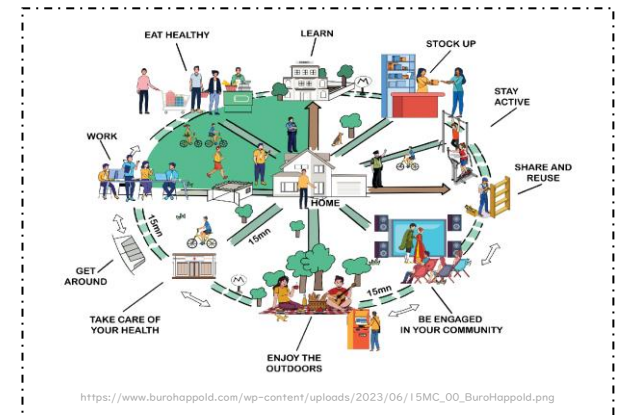
【Listen & Fill Blank】

The idea of the "15-Minute City" is _____ popular around the world. It's about making cities where residents can _____ everything they need, like shops, schools, parks, and even public _____, all within a 15-minute walk.

In a 15-minute city, everything is _____ located nearby. People can walk or bike to work, school, or the park without spending a lot of time in _____. This makes the air _____ and the streets safer. There are also more places for people to play, shop, and meet their _____. By minimizing car use, the 15-minute city helps the _____ because it cuts down on pollution and helps fight _____ change. It also brings people together because they are more likely to spend time in their local _____.

Cities like Paris and _____ are already working on 15-minute city _____, and many others are thinking about it too. Experts suggest this approach can significantly improve _____ of life for everyone.

【Q&A / A&Q】

**Question 1:** What is the "15-minute city" about?

**Question 2:** How does the "15-minute city" help fight climate change?

**Question 3:** Which cities are already working on 15-minute city principles?

**Ask 1:** 店、学校、公園、そして公共交通機関 "という答えがある質問をする。

**Ask 2:** local community」という答えを含む質問をする。

**Ask 3:** 15分の街」について何でも質問してください。

**Sample Answer 1:** It's about making cities where residents can access everything they need, like shops, schools, parks, and even public transport, all within a 15-minute walk.

**Sample Answer 2:** By minimizing car use, the 15-minute city helps the environment because it cuts down on pollution and helps fight climate change.

**Sample Answer 3:** Paris and Melbourne.

**Sample Question 1:** What can the residents access within 15 minutes?

**Sample Question 2:** Why does this idea bring people together?

**Sample Question 3:** Can I also go to hospital in 15 minute?